

CHARLESTOWN
HOLIDAY
TIMETABLE

Date	Club Opening Hours	Classes
Friday December 24th	5am-6pm	6:00AM POWERCAMP
Saturday December 25th	CLOSED	CLOSED
Sunday December 26th	CLOSED	CLOSED
Monday December 27th	6am-8pm	NO CLASSES
Tuesday December 28th	6am-8pm	6:00AM FUNCTIONAL
Wednesday December 29th	6am-8pm	6:00AM FUNCTIONAL 5:45PM BODY PUMP
Thursday December 30th	6am-8pm	6:00AM POWERCAMP 5:30PM POWERCAMP
Friday December 31st	6am-7pm	6:00AM POWERCAMP
Saturday January 1st	CLOSED	CLOSED
Sunday January 2nd	9am-6pm	NO CLASSES
Monday January 3rd	6am-8pm	5:45PM BODY PUMP
Tuesday January 4th	5am-10pm	6:00AM FUNCTIONAL 7:00AM PF CHALLENGE
Wednesday January 5th	5am-10pm	6:00AM FUNCTIONAL 5:30PM FUNCTIONAL 5:45PM BODY PUMP
Thursday January 6th	5am-9pm	6:00AM POWERCAMP 5:30PM POWERCAMP
Friday January 7th	5am-9pm	6:00AM POWERCAMP
Saturday January 8th	8am-6pm	7:00AM FUNCTIONAL 8:30AM BODY PUMP
Sunday January 9th	9am-6pm	4:00PM YIN YOGA
NORMAL URTH TRAINING TIMETABLE COMMENCES FROM JANUARY 10TH		