

Date	Club Opening Hours	Classes
Friday December 24th	5am-6pm	8:30am PF ACTIVE   10:45am YOGA
Saturday December 25th	CLOSED	CLOSED
Sunday December 26th	CLOSED	CLOSED
Monday December 27th	6am-8pm	NO CLASSES
Tuesday December 28th	6am-8pm	8:30AM PF ACTIVE   6:20PM YIN YOGA
Wednesday December 29th	6am-8pm	9:30am BODY PUMP   10:45am YOGA   6:20pm BODY PUMP
Thursday December 30th	6am-8pm	6:00am SPIN
Friday December 31st	6am-7pm	8:30am PF ACTIVE   10:45am YOGA
Saturday January 1st	CLOSED	CLOSED
Sunday January 2nd	8am-6pm	NO CLASSES
Monday January 3rd	6am-8pm	6:20 <sub>PM</sub> BODY PUMP
Tuesday January 4th	5am-10pm	8:30AM PF ACTIVE   6:20PM YIN YOGA
Wednesday January 5th	5am-10pm	9:30am BODY PUMP   10:45am YOGA   6:20pm BODY PUMP
Thursday January 6th	5am-9pm	6:00am SPIN
Friday January 7th	5am-9pm	8:30am PF ACTIVE   10:45am YOGA
Saturday January 8th	7am-6pm	8:30am BODY PUMP   10:00am YIN YOGA
Sunday January 9th	8am-6pm	NO CLASSES
NORMAL URTH TRAINING TIMETABLE COMMENCES FROM JANUARY 10TH		

